



No More Secrets Mind Body Spirit Inc.  
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**Founder/CEO**  
Lynette Medley- M.ED

**Chief Operating Officer**  
Nya D. McGlone- M.S

Thank you for your recent donation to No More Secrets Mind Body Spirit Inc. The SPOT Period Menstrual Hub Safe Space to end period poverty in vulnerable communities. On behalf of all we serve who are affected by this horrific epidemic we express our gratitude for your amazing generosity and contribution.

No More Secrets Mind Body Spirit Inc. is a sexuality awareness non-profit organization who is dedicated to decreasing the silence and secrecy associated with the menstrual cycle by destigmatizing and normalizing societal behaviors, language, and attitudes related to menstruation and menstrual hygiene.

With your help, you make it possible for our young ladies to live happier and healthier lives, no longer skipping school, resorting to using unhealthy products to deal with their periods or continue being victims of harassment and period shaming just because they simply needed a pad or tampon.

Your gift brings hope to our youth who are suffering in silence in our communities. Thank you so much!

Sincerely,

*Nya McGlone M.S*

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<b>CONTRIBUTION RECORD</b>	
<b>EIN: 47-3201737</b>	
<b>Date:</b>	<b>Contribution Description:</b>

*Please retain this letter for tax purposes. NO MORE SECRETS MIND BODY SPIRIT INC. is a 501 (c)(3) nonprofit organization and your contribution may be tax deductible to the full extent of the tax code. IRS regulations prohibit us from placing a dollar value on your donation and require that we state no goods or services were received in consideration of this gift.*